## Intake form

| CLIENT INTAKE FORM p.1                                 |                    |                          |  |  |
|--|--------------------|--------------------------|--|--|
| Full Name  |                    |                          |  |  |
| Date of Birth  |                    |                          |  |  |
| Phone  |                    |                          |  |  |
| Email please print clearly                             |                    |                          |  |  |
| Street Address 1                                       |                    |                          |  |  |
| Street Address 2                                       |                    |                          |  |  |
| City   |                    |                          |  |  |
| State  | Post Code          |                          |  |  |
| Are you currently taking any medication?               |                    |                          |  |  |
| If Yes, what is it and why was it prescribed?          |                    |                          |  |  |
| Are you currently under the care of another Therapist? | NO                 |                          |  |  |
| Have you had Hypnotherapy<br>before?                   | NO                 |                          |  |  |
| Are you a smoker?                                      | NO □               |                          |  |  |
| Describe your alcohol consumption                      |                    |                          |  |  |
|  |                    | A glass or two at night□ |  |  |
| Describe your quality of sleep                         |                    |                          |  |  |
|  | Poor               |                          |  |  |
| Have you ever suffered from any of the following?      | Depression         | Anxiety □                |  |  |
|  | Chronic Insomnia 🗆 | Phobias 🗆                |  |  |
|  | Addictions 🗆       | Compulsive Disorders     |  |  |
|  | Drug Abuse         | Eating Disorders □       |  |  |
|  | Schizophrenia 🗆    | Bipolar Disorders 🗆      |  |  |
|  | Other 🗆            |                          |  |  |

## Intake form

| CLIENT INTAKE FORM p.2  |                                   |       |                                   |  |
|---|-----------------------------------|-------|-----------------------------------|--|
| Do you suffer from any of the following?  | Respiratory problem               |       | Digestive issues □                |  |
|   | High Blood Pressure□              |       | Dizziness/Fainting□               |  |
|   | Back or Neck Pain □               |       | Psoriasis/Skin Complaints □       |  |
|   | None of the above $\square$       |       |                                   |  |
| What is it that you expect<br>we can help you with?   | Performance Anxiety Yes           | 5     | Social Anxiety $\square$          |  |
|   | Generalised Anxiety 🗆             |       | Work Stress □                     |  |
|   | Relationship Stress 🗆             |       | Depression                        |  |
|   | Stop Drinking 🗆                   |       | Trauma/PTSD □                     |  |
|   | Behavioural Modification          | า 🗆   | Addictions $\square$              |  |
|   | Study Skills/Memory               |       | Phobia 🗆                          |  |
|   | Pain/Post Operative<br>Healing    |       | Other                             |  |
|   |                                   |       |                                   |  |
| Are you a member of a health fund?  |                                   |       | Yes □ No □                        |  |
| <b>N.B.</b> Health fund rebates vary between funds and levels of cover. Additionally, changes in policy can occur at any time. We cannot tell you if your particular insurance policy will cover your hypnotherapy sessions, or what your rebate will be. |                                   |       |                                   |  |
| I Agree   | I Disagree □                      |       |                                   |  |
| How did you find out about the clinic ?   | Television                        |       | Doctor's referral □               |  |
|   | Other Therapist 🗆                 |       | Naturally Therapy pages           |  |
|   | Google Yes                        |       | Friend                            |  |
|   |                                   |       | Other                             |  |
| you have done here in the cl  | •                                 | t wou | uld support and reinforce the wo  |  |
| Yes Would you be willing to ans purposes?   | No □<br>wer a short questionnaire | e som | netime in the future for research |  |
| Yes   | No 🗆                              |       |                                   |  |

## Intake form

| CLIENT INTAKE FORM p.3   |  |  |  |  |
|--|--|--|--|--|
| <b>Cancellation Policy:</b> I acknowledge that I, unless I give 24 hours notice of a session cancellation, may be charged in full.   |  |  |  |  |
| I Agree □  |  |  |  |  |
| <b>Disclosure:</b> I understand that if I disclose that I have or intend to commit certain criminal offenses, the Therapist is obliged by law to report me to the authorities. |  |  |  |  |
| I Agree□   |  |  |  |  |
| I also recognise that I am seeking alternative/non medical treatment that may not be supported or endorsed by established medical practice.                                    |  |  |  |  |
| I Agree □  |  |  |  |  |
| Do you consent to the use of hypnosis as a teatment tool during your clinical hypnosis session?  |  |  |  |  |
| I consent Yes  |  |  |  |  |
| Please use this space to provide any other information you feel may be relevant.   |  |  |  |  |
| Client signature Date  |  |  |  |  |
|  |  |  |  |  |